



## Support Groups

### **Support Group for Persons with Dementia and Care Partners**

When: 1st & 3rd Tuesdays of the Month from 3pm to 4pm

Where: Village on Cass, 225 South 24th Street, La Crosse

Contacts: Chris Brown and Terry Fleming at 608-392-9505

### **Support Group for Persons with Younger/Early Onset Dementia and Care Partners**

This support group is for persons under the age of 65, living with a new diagnosis of Mild Cognitive Impairment (MCI), Alzheimer's or other related dementia and their Care Partner (spouse, partner, parent, son, daughter, friend, other relative).

When: 3rd Thursday of the Month from 5:30pm to 7pm (Social time from 5:30pm to 6pm)

Where: First Lutheran Church, 410 Main Street, Onalaska, WI 54650

Contact: Amy Brezinka, ADRC Caregiver Coach Program Coordinator at 608-789-8575

### **Family Support Group—Alzheimer's/Dementia**

When: 2nd Wednesday of the month from 5:30pm-7pm

Where: Bluffview Memory Care, 2101 Bluffview Court, Holmen

Contact: Bluffview Memory Care Management Team at 608-526-5864 for more details

### **Family/Caregiver Support Group (for people with loved ones living with Dementia)**

When: Third Thursday of the month at 2:00 P.M.

Where: Bethany St. Joseph Care Center Chapel, 2501 Shelby Road, La Crosse, WI 54601.

Contact: Marie Hebel at 608-788-5700, Ext. 9792

### **Caregiver Support Group**

When: *Last* Wednesday of the month at 1:15pm

Where: Hillview Health Care Center—Sunshine Room

3501 Park Lane Drive, La Crosse

Contact: Nikki Weisenberger at 608-789-4867 for more details

### **Caregiver Support Group**

When: 2nd Thursday of the month at 1pm

Where: Lakeview Health Center, 902 E Garland Street, West Salem

Contact: Paul Kaiser SW 608-786-1400 ext. 40131

### **Parkinson's Support Group**

When: 4th Tuesday of each month from 2pm-4pm

Where: Gundersen Health System

Contact: Julie Holzworth at 608-775-2789

**Great Rivers 2-1-1** ~ For more information about area support groups dial 2-1-1